

Upon arising:

מוֹדֶה-מוֹדָה אֲנִי לְפָנֶיךָ ,

Mo-deh' - Mo-dah' a-ni' |e-fa-nei'-cha  
thank, m. thank, f. I to face/presence Your

מֶלֶךְ חַי וְקַיִם , שֶׁחֲזַרְתָּ בִּי

Me'-lech chai ve-ka-yam', she-he-che-zar'-ta bi  
King living and enduring , Who caused to return in me

נִשְׁמַתִּי בְּחַמְלָה , רַבָּה אֱמוּנָתְךָ .

nish-ma-ti' be-chem-lah', ra-bah' e-mu-na-te'-cha .  
soul my in pity, compassion great (is) faithfulness Your

Ritually wash the hands, then recite:

בָּרוּךְ אַתָּה , יְיָ אֱלֹהֵינוּ , מֶלֶךְ הָעוֹלָם ,

Ba-ruch' A-tah', Adonai El-o-hei'-nu, Me'-lech ha-o-lam',  
blessed (are) You Adonai G-d our, King (of) the universe

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ

A-sher' ki-de-sha'-nu be-mits-vo-tav' ve-tsi-va'-nu  
Who sanctified us with commandments his and commanded us

עַל נְטִילַת יְדָיִם .

al ne-ti-lat' \* ya-da'-yim\*\*.  
about lifting up of both hands .

\*from the root נטל defined by Klein (p. 413) as: to lift, bear, take, and ne-ti-lah' defined as "taking, lifting, carrying." The blessing is said after the water is poured over the hands, so in fact they are lifted up physically, as well as being lifted up in terms of symbolizing ritual purity.

\*\*the suffix "-a'-yim" means two of whatever the main root signifies; in this case two hands, ya-da'-yim; pa-a-ma'-yim = two times; ei-na'-yim = two eyes; chod-sha'-yim = two months, etc.

## BLESSINGS FOR THE TALLIT

בְּרַכִּי נַפְשִׁי אֶת יְיָ ,

Ba-re -chi'      naf-shi'      et      Adonai ,  
 bless (f,imp.)      soul      my      (d.o.)      Adonai

יְיָ אֱלֹהֵי , גְּדֹלַת מְאֹד ,

Adonai      e-lo-ha\_i' ,      ga-dal'-ta      me -od';  
 Adonai      G-d      my ,      You were (and are) great      very

הוֹד וְהִדָּר לְבִשְׁתָּ ,

hod      ve-ha-dar'      la-vash'-ta ,  
 beauty      and honor      You wore, were clothed in

עֲטֹה אֹר כַּשַּׁלְמָה ,

o'-teh      or      ka-sal -mah',  
 You are wrapped in      light      like a mantle, garment

נוֹטָה שְׁמַיִם כְּרִיעָה .

no-teh'                      sha-ma'-yim                      ka-ye-ri-ah'.  
You stretch out, spread out                      heavens                      like a curtain

בְּרוּךְ אַתָּה , יְיָ אֱלֹהֵינוּ , מֶלֶךְ הָעוֹלָם ,

Ba-ruch'                      A-tah', Adonai                      E-lo-hei'-nu,                      Me'-lech                      ha- o-lam',  
blessed (are) You                      Adonai                      G-d our,                      King                      (of) the universe

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו

A-sher'                      kid-sha'-nu                      be-mits-vo-tav'  
Who                      sanctifies us                      with commandments His

וְצִוָּנוּ לְהִתְעַטֵּף בְּצִיצֵת .

ve -tsi-va'-nu                      le-hit-a-tef'                      ba-tsi-tsit'.  
and commanded us                      to wrap, cover ourselves                      with the fringe, tassel